

Breakfast 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Low Fat Muffin Cereal Gold Fish Graham Crackers Fruit/Granola Bar Cheese Sticks Fruit or Fruit Cup Juice or Milk	Hard Boiled Egg or Pop Tart Cereal Gold Fish Graham Crackers Fruit/Granola Bar Cheese Sticks Fruit or Fruit Cup Juice or Milk	Yogurt Cereal Gold Fish Graham Crackers Fruit/Granola Bar Cheese Sticks Fruit or Fruit Cup Juice or Milk	Bagel Cereal Gold Fish Graham Crackers Fruit/Granola Bar Cheese Sticks Fruit or Fruit Cup Juice or Milk	Whole Grain Baked Item Cereal Gold Fish Graham Crackers Fruit/Granola Bar Cheese Sticks Fruit or Fruit Cup Juice or Milk

Menu subject to change

This institution is an equal opportunity provider

St. Mary's