2016 FALL WINTER SPORTS AWARDS

Football Awards

All Conf- Nathan Schroepfer, Sean Salfer, Max Heiderscheidt, Cole Owens

Honorable Mention- Nick Strate, Logan Zulsdorf

Academic All Conf- Sean Salfer, Alex Woitas, Luke Miller, Noah Krzmarzick

Rookie of the Year- Brandon Wait

Most Improved- Dominic Helget

Charlie Hale- Nathan Schroepfer

Lineman- Sean Salfer

Leadership- Nathan Schroepfer

Defense- Max Heiderscheidt

Offense- Nathan Schroepfer

Cross Country Awards (Sleepy Eye St. Mary's, Sleepy Eye Public, New Ulm Cathedral)

Best runner- Isaac Nelson and Brianna Polesky

Most Improved-Caleb Kirchberg and Abby Hagen

Leadership-Isaac Nelson and Jenny Lax

All Confernce: Isaac Nelson, Brianna Polesky (also MVP), Abby Hagen, Cassidy Hacker

Academic all conference: Isaac Nelson, Cassidy Hacker, Brianna Polesky, Kira DeMaris, Abby Hagen

Team Academic Award: Girls a gold award

Girls won the conference.

Girls and Boys Basketball awards

Letter winner:

Girls-Megan Labat, Jody Hansen, Sydney Windschitl, Mallory Helget, Cassie Heinrichs, Lexie Anderson, Anna Lux, Jenny Lax, Megan Ziegler, Emily Stevens

Boys-Alex Woitas, Nick Labat, Nathan Schroepfer, Carter Currans, Brandon Wait, Dalton Meyer, Cole Owens, Collin Ludewig

Team Awards winner:

Girls:

Most Improved-Sydney Windschitl

Leadership- Anna Lux

Payton Adams Hustle Award- Jody Hansen

MVP-Anna Lux

Boys;

Most Improved- Carter Currans

Leadership- Nathan Schroepfer

Payton Adams Hustle Award-Cole Owens

MVP-Cole Owens

All Conference Academic Awards:

Girls-Megan Ziegler, Mallory Helget, Lexie Anderson, Gabby Helget, Kira DeMaris

Boys- Alex Woitas, Dallas Bauer

Team Academic Award:

St.Mary's Girls is a Silver winner

Ind. All State Academic Award- Megan Ziegler

All Conference Awards:

Girls- Anna Lux

Boys-Cole Owens

1,000 point award: Anna Lux

Molly Mathiowetz was named the Section 2A assistant coach of the year

Hockey and Tennis - coming soon.